



NEWS RELEASE

City of Cottonwood, AZ

For Immediate Release

Date: March 31, 2014
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Parks and Recreation Department - Cottonwood Youth Advisory Commission

“Cottonwood’s Youth Advisory Commission attends Myfest.”



On Sunday, March 23rd, the Cottonwood Youth Advisory Commission attended MyFest, held at Tempe Beach Park. The event was put together by MY LIFE, a youth leadership group, (*Magellan Youth Leaders Inspiring Future Empowerment*) which consists of more than 100 youth, ages 13 to 23, who have experience with mental health, substance abuse, juvenile justice and/or foster care-related issues. My Fest is an all-day event that showcases live entertainment from local bands and rappers, a graffiti art competition, and a hip hop dance battle stage. It is a venue where youth can overcome their personal challenges with support from their peers, develop and hone their leadership skills, and use their voices to inspire and create positive change for themselves and others in the community. MY LIFE not only provides a venue where youth can express themselves, but also focuses on helping youth individually and has been beneficial to programs and systems that serve youth by bringing about changes to improve care for youth in Arizona and across the nation.