

# 2022

## City of Cottonwood

### Co-Ed Volleyball

### Rulebook



*"Inspiring a Vibrant Community"*

Sponsored by Cottonwood Parks and Recreation

**League play will be governed under the rules set by USA Volleyball (USVBA) and supplemented by league specific rules set forth by the City of Cottonwood Parks and Recreation Department. For any rule not covered herein please refer to the standard rule(s) set by USVBA.**

#### Goals and Objectives

- Have FUN
- Be Respectful
- Encourage Competition

1. **Leagues** are structured based on registrations and skill level. Team Registration fees are \$350 per team and teams can register from January 18, to February 27, 2022. The City of Cottonwood has two different leagues. "A" League and "B" League. All games will be played at the Cottonwood Recreation Center with game times scheduled for 6:00 PM, 6:45 PM and 7:30 PM.
  - I. "A" League is a league built for competitive level volleyball
  - II. "B" League is a league built for recreational play
2. **Schedules** will be posted no later than March 25, 2022. Games will be played Monday-Thursday April 4- May 19 followed by a tournament the week of May 23<sup>rd</sup>.
3. **Coaches Meeting:** will be Wednesday March 23<sup>rd</sup> from 6-7 PM at the Cottonwood Recreation Center.
4. **Game ball/Net height.**
  - I. The game ball will be supplied by the City of Cottonwood Parks and Recreation department and will be a competitive ball no worse quality than a Tachikara SV-5WSC
  - II. Net Height will be set at 7'11" for all league play
5. **Roster size** is dependent on league size
  - I. A general roster will have a minimum of 6 players and a maximum of 12
    - i. Player signing roster is due before player will be allowed to play in game.
    - ii. Last day to add players to rosters will be April 15<sup>th</sup>
6. **Player Eligibility**
  - I. Players can only play for one team total.
  - II. Only two players per team may be a part of a 2 or 4 year college or high school team, however, they must not be currently involved in sanctioned play.
7. **Player Eligibility Protests** can be made at any point during the game
  - I. Protested player must supply a current photo ID
    - i. If protesting player is not found on roster the team will forfeit that game.
8. **Team Composition**
  - I. On Court teams will consist of 6 players with at least 50% being female.
    - i. Teams can start with four players with at least 50% of the players being female.
  - II. Eligible players may be added to the line-up anytime during the competition
  - III. A minimum of 4 players required to start the game
  - IV. Team must have at least one male player to be eligible for a Co-ed game
9. **Substitutions** will be made using the "7 player Rotation" method.
10. **Scoring** will be tracked using Rally Scoring
  - I. Best 2 out of 3
    - i. First TWO game to 25, win by TWO
    - ii. Third game, first to 15
11. **Change of Server**

- I. Servers will change at each side out by rotating positions clockwise
- II. The home team will start the serve the first game and visitors the second game
  - i. Coin Flip will decide who serves for the third game
- III. Players can serve underhanded or over-handed, anywhere along the back line.

**12. Court Play Rules**

- I. If the ball hits the ceilings or rafters it is still playable as long as it hits the side of the rafters in which the team that hit the ball is playing and returns to that same team's side.
  - i. The ball will be ruled "out of bounds" if it hits the opposing teams rafters or ceiling or hits the rafters on a team's side and the ball carries over to the opposing team's side. A point will be awarded to the opposing team

**13. Attack Line – 10ft Line**

- I. When only one male player is on the front line at service, one male back line player can be forward of the attack line for the purpose of blocking only. In this situation the female player must move to the back line as there can never be 4 players in the front row

**14. Timeouts/Rest periods**

- I. Each team will be given ONE (1) 30 second time out per set
- II. A Rest Period of TWO (2) minutes will be observed between sets.

**15. Unsportsmanlike Conduct** will result in ONE (1) point being awarded to the opposing team and possible removal from the game

**16. Unique Rules**

- I. Kicking the ball is a legal touch
- II. Teams finishing a match under 30 min can continue playing a "friendly" practice match with no umpire involved up until 10 min prior to next game

**17. Awards** will be given to the top 2 teams in each league for tournament play.

**City of Cottonwood Adult Sports League Conduct Code**

**The Code of Conduct will be enforced before, during, and after all league or tournament play. All rules will be strictly enforced.**

The term "individual" includes the following: manager, player, or spectator. A team is responsible for the conduct of its individual players or spectators. Misconduct will result in the penalty of an individual and/or team for all City leagues and tournaments. The term "official" includes the following: umpire, scorekeeper, field supervisor, and administrative City staff. When a player signs his/her name to a roster, it will be understood that they have been notified of all City League rules and the Code of Conduct. Players on multiple teams will be suspended for every team they play for during the amount of weeks suspended.

**1. No Individual Shall:** At any time lay a hand upon, shove, or strike an official or individual.

**Minimum Penalty:** Ejected from game and/or playing area with a minimum one month suspension.

**Maximum Penalty:** Banned from the City of Cottonwood Adult Sports programs and assault charges may be filed.

**2. No Individual Shall:** Be guilty of objectionable demonstration of dissent by throwing/kicking a ball or any other forceful actions or refusal to abide by an umpire's decision.

**Minimum Penalty:** Warning by official.

**Maximum Penalty:** Ejection from the game and playing area and 2 week suspension.

**3. No Individual Shall:** Use profane, obscene or vulgar language or gestures in any manner, at any time on or off the playing field.

**Minimum Penalty:** Warning by official/league director.

**Maximum Penalty:** Ejected from game and suspended for two weeks and probation for the remainder of the season.

**4. No Individual Shall:** Be guilty of using unnecessarily rough tactics in the play of the game.

**Minimum Penalty:** Ejected from game and playing area.

**Maximum Penalty:** Banned from City of Cottonwood Adult Sports programs and/or assault charges filed.

**5. No Individual Shall:** Be guilty of an abusive verbal attack upon or threatening of any official or individual on or off the playing field.

**Minimum Penalty:** Ejection from game (if during league game) and 1 week suspension or 1 following game suspension (if occurring after the league game)

**Maximum Penalty:** Ejection for remainder of season & probation for 1 year for all parks & recreation events.

**6. No Individual Shall:** Appear on the court at any time in an intoxicated condition or under the influence of drugs which will infringe upon their safety or the safety of others

**Penalty:** Ejection from current game and the following game and probation for remainder of season.

*\*\* Probation means that if an individual is involved in any incident while on probation, however minimal, they will be suspended for the whole season minimum. If after the 4th week, suspension/probation will be carried over to the next season. \*\**

1. **The Coach Shall:** be the only team representative who may, in a reasonable manner, discuss a decision with the officials. Judgment decisions by game officials are not open for discussion.
2. **Suspended Player:**
  - a. Suspended player from **league** play has the option of having case heard by sports supervisor and recreation manager to determine length of suspensions longer than 2 games.
  - b. A suspended player, from either game or league, must remove him/herself immediately from the confines of the playing areas as designated by the sports supervisor or official. Suspended players are not to spectate while serving suspension,
  - c. If a suspended player does not remove himself from the confines of the playing area, his team members or the coach is responsible for his removal. Failure to do so will result in his team forfeiting the game.
  - d. Two Minutes shall be allowed for a suspended player(s) to remove him/herself from the playing area. If the time limit is not met, the match shall be forfeited. If the player still refuses to leave the area, police will be notified.
  - e. The sports supervisor or game official may suspend a player from further game play.
  - f. The sports supervisor will be responsible for suspending a player from further league play.

**Any enforcement procedures which are not stated herein, may be provided by the sports supervisor as is necessary, to provide for the recreational enjoyment of players, coaches and spectators.**