
**Confidential Counseling for you
and members of your household**

*The EAP is at benefit provided by
your employer, who receives no
information about who uses this
important program.*

Business Hours:

To schedule an appointment
or for information call between:

1-800-327-3517, Press 2

TTY 1-800-367-8939

**8:00 AM - 5:00 PM
Monday through Friday**

**After Hour and
Weekend emergencies
1-800-327-3517, press 5**

Visit our website at:
www.eappreferred.com



EMPLOYEE ASSISTANCE PROGRAMS & BEHAVIORAL HEALTH SERVICES
CONSISTENT QUALITY • CONSTANT VALUESM

**Clinical locations throughout
Arizona and the United States
Call 1-800-327-3517, Press 2**



EMPLOYEE ASSISTANCE PROGRAMS & BEHAVIORAL HEALTH SERVICES
CONSISTENT QUALITY • CONSTANT VALUESM

**Help
for
Employees
and
Family Members**

**Employee Assistance
Program**

Provides:

**Confidential Professional Help
for Personal Problems at
No Cost to the Employee.**



EMPLOYEE ASSISTANCE PROGRAMS & BEHAVIORAL HEALTH SERVICES
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Employee Assistance Programs

What Are They?

EAP's provide counseling to help employees and their family members deal with problems which interfere with their work and home life.

The EAP can be used any time you need advice with personal or work problems. All sessions are free to employees and their family members.



Who Provides the Counseling?

EAP Preferred's counselors are State licensed professionals with years of experience. They help people find solutions to personal and workplace problems and often in a brief period of time.

Short-Term, Confidential, No-Cost Counseling

What Typical Problems

Does the EAP Help With?

EAP Preferred counselors help with issues that we all may face at one time or another

- ▶ Work Stress
- ▶ Depression & Anxiety
- ▶ Anger Management
- ▶ Marital & Relationships
- ▶ Divorce, Separation & Loss
- ▶ Child and Family
- ▶ Conflicts with Co-Workers
- ▶ Alcohol & Drug
- ▶ And Many Others

Information & Referral

- ▶ Alcohol & Drug Treatment
- ▶ Child & Elder Care
- ▶ Legal & Financial Problems
- ▶ Court Ordered Services
- ▶ Community Resources

Whatever your problem your EAP will work with you to find the resources you need.



How Do I use The EAP?

Call your EAP before work or personal problems become difficult or even if you suspect they are starting to interfere with your life. The earlier you involve with EAP, the easier and faster it is to correct the problem.

We are very easy to access.

Employees and their family members can make appointments with a simple phone call; all calls and appointments are handled promptly and professionally.

Taking the First Step

Call Toll Free

1-800-327-3517, press 2

TTY 1-800-367-8939